For public assistance benefits like SNAP, Medicaid, or KTAP for cash assistance call 1-855-306-8959 or visit benefind.ky.gov.

Social Support Services

Community Service Center of Wilmore and High Bridge: *Financial assistance for rent/utilities. Clothing & household items are available in their thrift shop*……. 859-858-2819

Jessamine County Homeless Coalition
Community laundry one load per household nightly from 5pm-7pm), community showers 9am-6pm daily…….. 859-813-0233

The Family Center: *Resource library that includes parenting and pregnancy related books, homeschooling materials, exercise equipment, baby carriers, and a clothing closet.*
www.familycenterky.org..... 859-516-2520

Shepherds House Recovery Community Center: *Clothing bank and other basic necessities*…….. 859-241-6035

Food Assistance

Community Service Center of Wilmore and High Bridge: *Food pantry is open the last Saturday of each month, 9:30am-11:30am, for eligible individuals and families, located at Wilmore Presbyterian church, 100 North Lexington Avenue. Must have ID with 40390 ZIP code.*
www.cscwilmore.org..... 859-858-2819

Jessamine County Food Pantry: *Food pantry, photo ID and proof of residence ex: utility bill required. Open Mon from 10-11:30am, Tues from 12-4pm, Thurs from 2-6pm at Nicholasville Christian Church.* Online at www.jcfoodpantry.org
104 S 2nd St……..... 859-312-4003

Jessamine County Homeless Coalition: *Offers 3 meals per day. Breakfast from 7-8am, Lunch from 12-1pm, and Dinner from 6-7:30pm*
218 E Maple St in Nicholasville.... 859-813-0233

Health Services in Nicholasville

Call 1-855-459-6328 to apply for Medicaid or visit HealthBenefitExchange.ky.gov for help.

Emergency Dept. and Hospitals

Saint Joseph Jessamine
1250 Keene Rd…….. 859-887-4100
https://www.chisaintjosephhealth.org/chi-saint-joseph-health/hospitals-locations/saint-joseph-jessamine?utm_source=LocalSearch&utm_medium=Facility&utm_campaign=CHIStJoseph&utm_term=CHISaintJosephHealth-SaintJosephJessamine

Health Centers and Rural Clinics

Baptist Health Medical Group, Inc
100 Providence Way…….. 859-260-5370

HealthPoint Family Care
101 Orchard Dr…….. 859-881-4288

Health Department

Jessamine County Health Department
210 E Walnut St, Nicholasville
(859) 885-4149
https://jessaminehealth.org/

Housing

Jessamine County Homeless Coalition
4-day emergency shelter for people who are temporarily unhoused. Check-in from 7am-11pm. ID is preferred, and personal belongings must fit inside a 90-quart tote.
https://www.jchcky.com/..... 859-813-0233

Legal Services

Clean Slate Kentucky
Support for those seeking expungement. Online at CleanSlateKentucky.com

Department of Public Advocacy: *Defense for low-income clients*…….. 833-514-8978

Legal Aid of the Bluegrass
Representation, education, and advice for civil legal services for low-income families.

JESSAMINE COUNTY RESOURCE GUIDE

This guide contains a short list of the resources available in and around Jessamine County.

The information provided is subject to change.

College of Public Health
Center for Public Health Systems and Services Research

Updated 03-03-2025 Version 005

Harm Reduction/Syringe Program

Jessamine County Health Department
210 East Walnut St in Nicholasville
Open Mon from 8am-6:30pm, Tues-Thurs from 8am-4pm, Fri from 8am-1pm.… 859-885-4149
Services: syringe exchange, HIV and Hepatitis C testing, TB skin testing, vaccinations, overdose education and naloxone distribution, counseling and treatment referrals

Behavioral Health Centers

Sakura Behavioral Health…..... 859-241-3085
125 Quinn Drive, Nicholasville, KY 40356
www.sbh-ky.com

New Vista Outpatient…….... 859-885-6315
324 Southview Drive, Nicholasville, KY 40356
www.newvista.org

Support and Treatment Locators

National Hotlines

National Suicide Prevention Lifeline
24/7 support for people in crisis and/or distress..... 988
Online at 988lifeline.org

Never Use Alone
Overdose prevention when using drugs alone
neverusealone.com..... 1-877-696-1996

Substance Abuse Mental Health Services Administration (SAMHSA)
Treatment locator..... 1-800-662-4357
Online at findtreatment.gov

Kentucky Support and Treatment Locators

FindHelpNowKY
Online treatment locator at FindHelpNowKY.org

KY Help Call Center
Call Mon-Fri, from 8:30AM-5:30PM to speak with a referral specialist..... 1-877-859-4357
Online at hopeandhelpky.com

Voices of Hope Information and Support Line..... 1-888-Hope4KY

Naloxone (e.g., Narcan®)

Call 911 in an emergency.
Visit odcp.ky.gov/stop-overdoses for more.

Jessamine County Health Dept Mobile Unit
Available for free at Syringe Service Program
Open Monday from 12-4pm at 420 Hartley Drive and Thursday from 1-3pm at New Vista, 324 Southview Drive in Nicholasville.

Med Save
Available for free..... 859-354-2100
1025 N Main Street, Nicholasville, KY 40356
Open Mon-Fri 8:30am-6:30pm | Sat: 9am-2pm

Med Save
Available for free……..... 859-858-2453
201 East Main, Wilmore, KY 40390
Open Mon-Fri 9am-6pm | Sat: 9am-12pm

Find Naloxone Now Ky
Available for free/by mail
Ships free nasal Naloxone to Kentucky citizens
https://b5t3ytttymm.typeform.com/to/gvnGpBXt?typeform-source=findnaloxone.ky.gov

Domestic Violence Resources

GreenHouse17: *Women and children's shelter that offers safe exchange/visitation for children, nature-based job training, referrals to employers, and safety planning. Online at greenhouse17.org*

24-hour crisis line:…….... 800-544-2022

Transportation

NichTran: *Local bus route that runs 6 times a day. Standard fare is $2 per person each way (exact change only, free with military ID). Runs Mon-Sat.*
www.nichtranroute.org.....…..... 800-456-6588

JessLex: *Bus route connecting Nicholasville to Lexington, $5 round trip, Mon-Sat.*
www.jesslexroute.org..... 800-456-6588

Meetings

Self-Management and Recovery Training

SMART-Recovery
Medication-friendly recovery meetings.
Scan the QR code, visit linktr.ee/recoveryonline , or call 1-888-Hope4KY.

Shepherds House
Recovery Community Center: SMART Meetings take place Mon – Fri at 12pm, 5pm, and 7pm and Saturday at 12pm.
Also provides treatment locator services.
104 N Main St, Nicholasville, KY 40356
859-241-6035

Medication-Assisted Recovery Anonymous (MARA): Information about in-person meetings across Kentucky and online meetings is at mara-international.org/Kentucky.

Medication for Opioid Use Disorder

Locations in Nicholasville

Brightview
419-963-3655
506 N Main St A, Nicholasville, KY, 40356
Medications: Buprenorphine, Sublocade, Methadone

Spero Health
859-305-6340
129 E Edgewood Dr., Nicholasville, KY, 40356
Medications: Buprenorphine, Sublocade

Locations in Lexington

Behavioral Health Group
859-276-0533
455 Park Pl #130, Lexington, KY 40511
Medications: Methadone, Buprenorphine

New Vista Medication Assisted Recovery
859-977-6080
201 Mechanic St, Lexington, KY 40507
Medications: Methadone