

# NUTRITION SPECIALIST



## Description

- Perform advanced medical nutrition therapy and individualized assessment to prevent and improve health conditions.

## Education Required

- Masters or Doctorate in Nutrition + Experience + Exam

## Salary

- \$70,000

## Area College Options

- Must first earn a Masters or Doctorate in Nutrition and have specific courses.

## Resources

- [NutritionSpecialist.org](http://NutritionSpecialist.org) Board for Certification of Nutrition Specialists

# EDUCATION REQUIREMENTS

- All candidates must have completed the following course requirements during their masters/doctorate degree or in addition to their degree.
- (a) Biochemistry – 6 credit hours
- (b) Physiology or Anatomy/Physiology – 3 credit hours
- (c) Clinical/Life Sciences – 12 credit hours
- (d) Nutrition Science – 9 credit hours taken at the graduate level only.

# EXPERIENCE REQUIREMENTS

- The Supervised Experience Requirement illustrates that the CNS candidate has demonstrated evidence of experience in nutrition under the supervision of a BCNS approved supervisor. Candidates must document 1,000 hours of supervised practice experience in the following nutrition categories:
- (a) Nutrition assessment (minimum 200 hours);
- (b) Nutrition intervention, education, counseling, or management (minimum 200 hours);
- (c) Nutrition monitoring or evaluation (minimum 200 hours);
- (d) Remaining hours may be in any of the above categories.