

ART THERAPIST



Description

- Art therapy is a mental health profession in which clients, facilitated by the art therapist, use art media, the creative process, and the resulting artwork to explore their feelings, reconcile emotional conflicts, foster self-awareness, manage behavior and addictions, develop social skills, improve reality orientation, reduce anxiety, and increase self-esteem.

Education Required

- Masters – 6 yrs

Salary

- \$43,000

Area College Options

- University of Louisville

Resources

- arttherapy.org American Art Therapy Association